

Department of Psychology
Lesson Plan Session 2022-2023
Semester- II (Experimental Psychology)

Dr.VandanaKumari

Jan, 2023	Topics
	Introductory Seminar on Experimental Psychology
	Attention: Meaning , Definition , Nature Types of Attention
	Psychophysics
	Problems of Psychophysics
Feb,2023	
	Test 1
	Methods of Psychophysics
	Learning- Definition, Factors, Trial & Error
	Insight Learning , Revision of Unit 2
	Assignment Presentation
March,2023	
	Test 2
	Memory - Definition , Stages , Methods to study STM & LTM
	Forgetting- factors, Pneumonic
	Problem Solving-Nature, stages of Problem solving
	Thinking-Nature, Types of Thinking(convergent & Divergent)
April,2023	
	Statistics-Frequency Distribution, Graphical Presentation of data, Measurement of central tendency
	Revision

Department of Psychology
Lesson Plan Session 2022-2023
Semester- IV (Developmental Psychology)

Dr.vandanaKumari

Jan, 2023	Topics
	Introduction to Human Development
	Concepts & Principles, Factors of Human Development - Biological , Psychological , Socio - cultural
	Prenatal Development ,Infancy development, Childhood - Characteristics
	Perceptual development, Motor development in Childhood
	Test 1
Feb., 2023	
	Cognitive development in Childhood, Emotional development in Childhood
	Adolescents: Characteristics & Problems, Adjustment in Adolescents
	Adulthood: Early & Late Adulthood
March,2023	
	Aging -changing patterns & Problems, Problems In Adulthood
	Measures of Variability : Standard Deviation
	Quartile Deviation
	Revision of unit
	Test 2
April, 2023	
	Revision & Assignment Presentation of unit-IV
	Summary of whole syllabus

Department of Psychology
Lesson Plan Session 2022-2023
Semester- VI (Applied Psychology)
Dr.vandana Kumari

Jan.2023	Topics
	Introduction to Applied Psychology - Meaning, Definition and history
	Field and Careers in Psychology Organizational Psychology- Nature & Scope
	Objectives & Development of Organizational Psychology Revision
	Class test of Unit 1
	Guidance - Nature & Scope , Types , Objectives & Principles of Guidance
Feb., 2023	
	Counseling - Need & Goals, Principles, Special Areas & Types of Counseling
	Organization of Guidance Programme
	Revision of Unit 2 and Assignment Presentation
	Health Psychology - Meaning , Scope & Objectives
March,2023	
	Concept of Health ,Illness
	Psychological factors in Physical Illness ,Lifestyle & Health
	Stress & Coping
	Forensic Psychology : Psychology & Law , Eye witness Memory ; Accuracy & Improvement
	Test 2
April,2023	
	Statistics : Correlation - Rank Difference Method
	Product Moment Method Revision & Assignment Presentation of Unit 4 , Summary of the whole syllabus , Doubt clearance etc.