

**Department of Psychology**  
**Lesson Plan Session 2023-2024**  
**Semester- II (Experimental Psychology)**

Dr.Priyanka Kumari  
Dr.Vandana Kumari

<b>Jan, 2024</b>	<b>Topics</b>
	Introductory Seminar on Experimental Psychology
	Attention: Meaning , Definition , Nature Types of Attention
	Psychophysics
	Problems of Psychophysics
<b>Feb,2024</b>	
	Test 1
	Methods of Psychophysics
	Learning- Definition, Factors, Trial & Error
	Insight Learning , Revision of Unit 2
	Assignment Presentation
<b>March,2024</b>	
	Memory - Definition , Stages , Methods to study STM & LTM
	Forgetting- factors, Pneumonic
	Problem Solving-Nature, stages of Problem solving
	Thinking-Nature, Types of Thinking(convergent & Divergent)
	Test 2
<b>April,2024</b>	
	Statistics-Frequency Distribution, Graphical Presentation of data, Measurement of central tendency Revision

**Department of Psychology**  
**Lesson Plan Session 2023-2024**  
**Semester- IV (Developmental Psychology)**

**Dr.Priyanka Kumari**

<b>Jan, 2024</b>	<b>Topics</b>
	Introduction to Human Development
	Concepts & Principles, Factors of Human Development - Biological , Psychological , Socio - cultural
	Prenatal Development ,Infancy development, Childhood - Characteristics
	Perceptual development, Motor development in Childhood
	Test 1
<b>Feb., 2024</b>	
	Cognitive development in Childhood, Emotional development in Childhood
	Adolescents: Characteristics & Problems, Adjustment in Adolescents
	Adulthood: Early & Late Adulthood
<b>March,2024</b>	
	Aging -changing patterns & Problems, Problems In Adulthood
	Measures of Variability : Standard Deviation
	Quartile Deviation
	Revision of unit
	Test 2
<b>April, 2024</b>	
	Revision & Assignment Presentation of unit-IV

**Department of Psychology**  
**Lesson Plan Session 2023-2024**  
**Semester- VI (Applied Psychology)**

**Dr.vandanaKumari**

<b>Jan.2024</b>	<b>Topics</b>
	Introduction to Applied Psychology - Meaning, Definition and history
	Field and Careers in Psychology Organizational Psychology- Nature & Scope
	Objectives & Development of Organizational Psychology Revision
	Class test of Unit 1
	Guidance - Nature & Scope , Types , Objectives & Principles of Guidance
<b>Feb., 2024</b>	
	Counseling - Need & Goals, Principles, Special Areas & Types of Counseling
	Organization of Guidance Programme
	Revision of Unit 2 and Assignment Presentation
	Health Psychology - Meaning , Scope & Objectives
<b>March,2024</b>	
	Concept of Health ,Illness
	Psychological factors in Physical Illness ,Lifestyle & Health
	Stress & Coping
	Forensic Psychology : Psychology & Law , Eye witness Memory ; Accuracy & Improvement
	Test 2
<b>April,2024</b>	
	Statistics : Correlation - Rank Difference Method
	Product Moment Method Revision & Assignment Presentation of Unit 4 , Summary of the whole syllabus , Doubt clearance etc.