

DEPARTMENT OF PSYCHOLOGY, GCW NARNAUL

Name of the Assistant Professor: Dr.Priyanka Kumari

Subject: Psychology

Class and section: B.A. 1st year (1st Sem.)

Paper: Foundations of psychology

Lesson Plan(2024-25)

<u>July,2024</u> 1 st Week	Introduction: Nature of Psychology
<u>August,2024</u> 1 st Week	Scope of Psychology Historical Perspectives in Psychology.
2 nd Week	Methods to Study Behavior: Interview
3 rd Week	Methods to Study Behavior: Observation
4 th Week	Methods to Study Behavior: Experimental
<u>September,2024</u> 1 st Week	Sensation: Nature, Characteristics and Types.
2 nd Week	Structure and Functions of Visual sensory processes.
3 rd Week	Structure and Functions of Auditory sensory processes.
4 th Week	Perception: Nature, Principles of perceptual organisations and illusions.
<u>October, 2024</u> 1 st Week	Learning: Meaning and Types of Learning. Theories of Learning: Trial and Error, Insight and Classical Conditioning.
2 nd Week	Theories of Learning: Trial and Error

3 RD Week	Theories of Learning: Insight
4 th Week	Theories of Learning: Classical Conditioning.
<u>November,2024</u>	Memory And Forgetting: Concept of Memory, Process, Factors affecting Memory.
1 st Week	
2 nd Week	Stages of Memory: Sensory – STM & LTM
3 rd Week	Theories of Forgetting : Interference and Decay
	Test and Revision
Practical will be Conducted	
Practical 1 st	LTM
Practical 2 nd	STM
Practical 3 rd	Sound Localization
Practical 4 th	Serial Position Effect
Practical 5 th	Bilateral Transfer of Learning
	<i>Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule</i>

Name of the Assistant Professor: Dr. Vandana Kumari

Subject: Psychology

Class and section: B.A. 2nd year (3rd Semester)

Paper: Social Psychology

Lesson Plan(2024-25)

<u>July.,2024</u> 1 st Week	Meaning and nature of Social Psychology
<u>August.2024</u> 1 st Week	Subject matter of Social Psychology
2 nd Week	What is socio-metric matrix and socio-gram graph?
3 rd Week	Merit & demerits of socio-metric method
4 th Week	Meaning & Process of socialization
<u>September,2024</u> 1 st Week	Agencies of socialization Meaning of group, Characteristics of group & Formation of group
2 nd Week	Types & Function of group Meaning and Definition of Social Norms
3 rd Week	Characteristics of Social Norms Formation of Social Norms Test-1
4 th Week	Meaning and definition of leadership, Types & Function of Leadership
<u>October,2024</u> 1 st week	Trait theory of leadership Situational theory of leadership
2 nd Week	Interactional theory of leadership Meaning, definition & Characteristics of attitude
3 rd Week	Development of attitude Factors responsible for attitude change Meaning, definition, Characteristics and Development of prejudice
4 th Week	Meaning and definition, Characteristics of stereotype and Formation of stereotype
<u>November,2024</u> 1 st Week	Meaning and definition, Characteristics of pro-social behaviour and Determinants of Pro-social behaviour

2 nd Week	Cognitive model of Pro-social behavior Meaning and definition of Aggression
3 rd Week	Characteristics, Determinants and Prevention of Aggression
	Revision and Test
Practical 1 st	Sociometry
Practical 2 nd	Measurement of Attitude
Practical 3 rd	Stereotypes
Practical 4 th	Aggression Scale
Practical 5 th	Prejudice Scale
Practical 6 th	Leadership Styles
Practical	<i>Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule</i>

Name of the Assistant Professor: Dr.Priyanka Kumari

Subject: Psychology

Class and section: B.A.3rd year (5th Sem)

Paper: Psychopathology

Lesson Plan (2024-2025)

<u>July.,2024</u> 1 st Week	Meaning of Psychopathology Meaning and concept of Normality Characteristics of Normality and Abnormality
<u>August.,2024</u> 1 st Week	Criterion of Normality and Abnormality Psychological causes of psychopathology Biological model of Psychopathology
2 nd Week	Psychodynamic and Behavioural model of Psychopathology
3 rd Week	Cognitive model of Psychopathology Meaning of classification, Classification of psychopathology Need for classification of psychopathology
4 th Week	What is diagnostic assessment Detailed explanation & Merits and Demerits of Case history method
	Test 1
<u>September,2024</u> 1 st Week	Detailed explanation of Merits and Demerits of Interview method Projective Technique: Types & Merits and Demerits of projective Techniques
2 nd Week	Anxiety Based Disorder: Generalized anxiety Disorder: Causes ,Symptoms, Prevention of GAD
3 rd Week	What is Obsessive Compulsive Disorder: Causes ,Symptoms, Prevention of OCD
4 th Week	Symptoms , causes and prevention of Phobic disorder
	Test-2
<u>November,2024</u> 1 st Week	Unipolar Mood disorder : Introduction and Causes
2 nd Week	Bipolar Mood disorder : Introduction and Causes Meaning, Definition and Symptoms of substance use/drug abuse

3 rd Week	Causes of substance use/drug abuse Rehabilitation of substance use/drug abuse
	Revision
Practical will be conducted	
Practical 1 st	WAT
Practical 2 nd	Depression Inventory
Practical 3 rd	Anxiety Scale
Practical 4 th	Emotional Intelligence
Practical 5 th	PGI Memory Scale
Practical 6 th	DMI
Practical	<i>Practical checking and provide time for students who could not complete their practicals in the above mentioned schedule</i>